"DEDICATED TO EXCELLENCE"

CODE OF GOOD BEHAVIOUR FOR PLAYERS

This Code outlines the way the Club expects you to behave.

It can be summarised by saying

"Be a good sport"

Introduction

Thank you for being a member of Ballymac GAA Club.

We hope you enjoy your football, have fun and make good friends.

Our coaches will help you develop the skills of the games in an environment that is safe, relaxed, and friendly. We hope you will represent your team, your club and your family with pride and dignity.

Code of Good Behaviour for Players

A player representing Ballymac is expected to:

- Respect your fellow team members and support them whether they do well or not.
- Respect your coaches and listen to them.
- > Do not use camera phones in dressing rooms
- > Turn up on time for training and matches and let your coach know in advance if you cannot attend.
- > Players should attend training and games in the full and appropriate gear
- > Spend some time practising the skills on your own between training sessions.
- ➤ Play by the rules, never use violence, be gracious in defeat and modest when your team wins.
- Play the game to win but not to win at all cost.
- Respect your opponents and treat them as you would like to be treated.
- ➤ Shake hands with your opponents after a game as part of the Give Respect Get Respect Initiative.
- > Respect match officials and their decisions and never shout at or argue with an official.
- Accept everyone involved regardless of ability, cultural or ethnic origin, gender, sexual orientation or religious beliefs.
- Never tell lies or spread rumours about coaches or other players.
- ➤ Never use abusive or racist language or gestures.
- Never bully another player and tell your coach if you are bullied or become aware of other players being bullied
- ➤ Have respect for the property of others and for the facilities used for training and for games home and away.
- ➤ Never take non-prescribed drugs or performance enhancing supplements.

BE A RESPONSIBLE MEMBER OF BALLYMAC GAA

Disciplinary Procedures

- 1. The Coach is responsible for the discipline of his/her team and may deal with minor breaches of discipline.
- 2. In the case of a serious breach of discipline or continuous misbehaviour the Coach should report the matter to a member of the Disciplinary sub-committee.

The member shall refer the complaint for consideration by the sub-committee.

- 3. The sub-committee may delegate one of its members to speak to the player in an effort to resolve the matter informally or may notify the parents/guardians verbally or in writing of the complaint.
- 4. Having investigated the matter the sub-committee may impose such sanctions as it considers appropriate, including suspension from the club for a period.
- 5. Personal hearings will be granted to the player and his/her parents/guardians before a player is suspended.
- 6. The decision of the Sub-committee can be appealed to the Executive Committee of Ballymac GAA Club.

Requests for an appeal must be made to the Club Secretary within seven days of receiving notification of the suspension

HOPEFULLY WE WILL RARELY USE THESE PROCEDURES

FAIR PLAY, RESPECT, EQUALITY, SAFETY, NO DISCRIMINATION